



## SACA Annual Dinner 2015

Our Annual Black-Tie Dinner was held in the Radisson Blu St Helen's Hotel on Friday 9 October. It was a very successful event and the venue and format appealed to all ages. We had a turnout of 120 in total including 27 guests. This year we invited the Head Boy, Head Girl and their Deputies from the Class of 2015 to their first ever SACA dinner. We hope it will be the first of many for them and that it will have encouraged them to bring their classmates to the next one. Our guest speaker was George Hook who entertained us all in his own inimitable style which was warmly appreciated by almost all present! The Classes of 1985, 1975 and 1965 celebrated their decade reunions at the dinner. All in all, it was a great night, enjoyed by all present, some of whom were still partying away at 5am!



# Changing of the Guard

Our 2014-15 president Linda Laird has handed over the presidential reigns to Moayyad Kamali (class of 1984). We have also nominated our next president to succeed Moayyad and that will be Graham Hohn (class of 1985).

Massive congrats and thanks to Linda on a remarkable year and best of luck to Moayyad



## Note from Moayyad Kamali

My family moved to Ireland in August 1980 and I started in St Andrews College a month later as a 3rd year student. I didn't only have to get used to a new school and different culture but I had no English. I remember at the Chemistry Christmas exam that year, I couldn't answer any of the questions and wrote "I do not understand a think". I must say I was very lucky to find myself in St Andrews. The staff were accustomed to dealing with international students and provided the friendly and secure environment that I so badly needed. For that I would like to thank my teachers and indeed all the staff of St Andrew's College, but special thanks goes to Mr. Allen (my Form Teacher) and to Mr. Hay who helped me pass English in my Leaving Cert, a small miracle.

At St Andrews College I made life-long friends with whom I still meet regularly; one is an ex-President of SACA, Andy Crawford, who invited me to get involved in the Committee and I thank him for that.

After leaving school in 1984, I studied Medicine in UCD and subsequently specialized in Psychiatry. I completed my basic training in Dublin and my higher training in Manchester. I moved back to Ireland in 2009. I am married with 3 kids: Shireen (11), Yusuf (10) and Nadia (7). My eldest daughter will be starting in St Andrew's College next September.

I am absolutely honoured albeit a little apprehensive to be the President of SACA. It's not easy to follow the likes of Linda Laird & Andy Crawford to name a couple who have done an exceptional job before me. I would like to give a big thank you to Bob Hoffman & Alan Lewis for their tireless work for SACA. After a combined 26 years service they have both decided to step down to provide other alumni the opportunity to be involved.

SACA plans to continue improving our communication on social media and enhance our engagement with alumni, helping them to re-connect with the school. We have acquired a new database and aim to populate it with names/emails of past pupils. We aim to build on the number of activities we have with current students and also to work on new ways of enhancing their experience and engagement with past pupils.



Rehearsals are well underway for this month's College Musical, The Addams Family on 25, 26 and 27 November at 7.30pm in the College. Tickets are €15 for adults and €10 for students and are available from Sally Walker on [swalker@st-andrews.ie](mailto:swalker@st-andrews.ie)

# SACA Alumni Profile:

## Rachel Caviston (Class of 2009)

### Founder of Bait Seafood Restaurant

Having been raised on every conceivable healthy food offering with access to only the freshest of fish from a very young age, I was provided with the perfect platform from which I could develop my passion for good food & service.

I had always been intrigued by the activities of my Grandfather, John Caviston, founder of Caviston's Food Emporium in Glashule. It fascinated me how he always wanted to set himself apart from other traders by offering or doing something different. One example of him being quite the trend-setter was his being the first to have cooked roast chickens for sale offering convenience for his customers. Another example was the way he would immerse himself amongst different cultures by engaging with them about the food they loved to eat. He would entice them to his shop by offering selected produce from all over the world. He once imported a bluefin tuna fish weighing approximately 200kg. This caught the attention of the Asian community from all over Dublin and beyond as they queued up to purchase cuts of this much-loved delicacy at the time. There are so many stories to tell about this great man but you'll have to come visit me in my restaurant to hear the rest! He was a true inspiration to me and has provided me with the impetus to excel as I strive to deliver the best of food with a service that is second to none. My motto is 'if it's not good enough for me, it's not good enough for my customers'. Setting this precedent does have its challenges but the satisfaction I receive by way of complimentary remarks from my customers and seeing people content as they leave my restaurant is the driving force that keeps me on top of my game. Having recently had the quality of our Sushi compared to that of 'Nobu' in London has been one of the many accolades we've received.

My true passion for food is demonstrated not only in the dishes I prepare for family and friends but also in the creation of the menu I've developed in my restaurant, 'Bait', which, until recently, was located at The Corner Note Café in Dalkey. I could never have envisaged the growth the business has experienced in the twelve months we've been open and I now find that I need to expand into larger premises, the location of which will soon be announced! I also have a second project - My Vintage HY Van is set to be rolled out in 2016 allowing me to come to you for your private/corporate catering events as well as attending the various markets around Dublin. Watch these spaces!!!



Getting back to where it all started, I owe a lot to the staff of St. Andrew's College for helping me get to where I am at this point of my career. I entered the school in 1995 & left in 2009 and it's over this time that I forged some amazing friendships that will stay with me for the rest of my life. What I found most admirable about the St Andrew's staff is that they supported me and gave me the freedom to be me! They allowed me to express my true self and always encouraged me to do what I love best which is serving good food and making people happy. Long after having left school I've enjoyed the continued support of many of my former teachers and members of the SAC Alumni who support my business. It is the positive reassurance given by the staff of St Andrew's College that has created many successful individuals and entrepreneurs. Thank you St. Andrew's College for playing such a fundamental role in my formative years that has allowed me become the person I am today.

W: [www.bait.ie](http://www.bait.ie) E: [baitdublin@gmail.com](mailto:baitdublin@gmail.com) M: 086 358 3422



# SACA Sports News

## Ireland Hockey

Congratulations to the Ireland Hockey team who have qualified for the 2016 Olympics in Brazil for the first time in 108 years. A particular congratulations to all the St. Andrew's Alumni involved, including Alan Sothern (Class of 2006), Stuart Loughrey (Class of 2009), David Fitzgerald (Class of 2005) and Lee Cole (Class of 2013) who also scored his first international goal in their three match series vs Argentina.



## Schools Rugby

Leinster U-20's player Greg Jones (SAC 2013 semi final team) and Darren McCann's (class of 1986) TY squad have qualified for the TY Semi final after going through their group undefeated and without conceding a single point. On the right is a clip of the team getting put through their paces.



The Senior Boys team won four out of five Senior League games against and have qualified for the quarter finals of the league and the Leinster Senior Cup.

## Schools Hockey

Unfortunately after winning the All Ireland's 3 years in a row our run has come to a cruel end. We lost to Wesley 4-5 in a penalty shoot out in the semi-final, after a brilliant and tense match. Well done to players and coaches involved!

## Leinster Hockey

Congrats to the 9 Andrew's Boys selected for the Leinster U18 panel ahead of the Boys' Inter-Pro's in November. Ben Bradley, Ivan Cooke, Harry Craig, Elliot Goode, John Guilfoyle, Josh Little, Guy Sarratt, David Shanahan & Ben Walker.

Also, a massive congratulations to current students Gaby Lewis, Iseult Cambay and Katie Jane Marshall for being selected for the Leinster U-16s hockey team. Iseult has also been selected for an Irish U-16s trial.



# 'It's unthinkable... I won't play again' - Munster's Felix Jones forced into retirement at just 28

Munster full-back Felix Jones (Class of 2005) has been forced into retirement on medical grounds.

<http://www.independent.ie/sport/rugby/munster-rugby/its-unthinkable-i-wont-play-again-munsters-felix-jones-forced-into-retirement-at-just-28-34149934.html>

The 28-year-old joins a growing number of players like Stephen Ferris, Kevin McLaughlin and Eoin O'Malley who have been forced to hang up their boots as a result of the toll professional rugby has taken on their body. Jones has been plagued with injuries during his career but has been forced into retirement after sustaining a neck injury in the recent Guinness Pro12 clash with Glasgow Warriors at Thomond Park.



Commenting on his early retirement, Felix said, "It is still unthinkable to believe I will never play another game of rugby.

"Although I have tried to round myself as an individual through education and other interests, I have always had one driving purpose in my life and that was to play rugby. I'm grateful I could do that in Munster. That feeling of walking out the tunnel in front of a packed Thomond Park is something I will never forget. To accept I will not play with my teammates again is beyond upsetting. I'm lucky to have played with so many great players, but rugby has given me something better and that is the people who are now life-long friends.

"I thank all the coaches I have been lucky enough to learn from and I look forward to seeing the development of our squad over the coming seasons. The guidance I have received from the medical teams in Munster and Ireland has been unfaltering. I would also like to acknowledge the consultants I have dealt with here and further abroad.

"I'm indebted to everyone who has helped me throughout my career from Seapoint my home club, Old Belvedere, Shannon and all the way up to representing Ireland. Without doubt the proudest moment of my career was being given the privilege to win my first cap for my country.

"It would be remiss of me not to mention the extensive support I have received from IRUPA not only at this moment in time but throughout my career also. I would encourage all players to engage with their players union.

"Finally, I would like to thank my family and close friends for their undying support on and off the pitch. I will draw upon this over the coming weeks as the situation presents itself as a nervous yet exciting junction in my life."

Munster Head Coach Anthony Foley said "We are all hugely disappointed for Felix. He was a leading example in the way he applied himself through his commitment, work-rate and attention to detail. For a player to come in, embody everything that is Munster and have such a presence within the group he will be sorely missed on and off the field. We are very grateful for Felix's immense contribution over the last six years and wish him all the best for the future."

After two years at the Leinster Academy, Jones joined Shannon and Munster in 2009 and made a name for himself in the province at a very early stage.

He made his Munster debut in September, 2009 and was a first-team regular by the time the southern province claimed Magners League silverware against rivals Leinster in 2011.

He made his international debut against Scotland in a warm-up game for the 2011 Rugby World Cup.

A former Ireland U20's Grand Slam winner and 7s international Jones made 13 appearances for Ireland and was part of this year's Six Nations Championship winning squad.

The fullback also made 5 appearances for Ireland 'A' and captained the Ireland Wolfhounds against England Saxons at Irish Independent Park earlier this year.

# SACA News

## Audrey Baker awarded Doctorate

Many of you will remember Audrey Baker who was librarian at SAC for over 30 years. Such a kind soul who kept a meticulous library and helped so many of us with our studies. Audrey was awarded a Doctorate for her work on "Disability in Young Readers' Literature". Congratulations to this remarkable, determined lady.



## Aviva Cohen- Neuro Hero

The Gifted Citizen global community recognises people who promote social value through innovative and high impact projects. We are very proud that Neuro Hero CEO, Aviva Cohen from The Class of 84, has been shortlisted for this international award to be held in Mexico. Aviva is a trully remarkable woman who has achieved amazing things in the field of brain injury rehabilitation.



## Eve Hewson in "Bridge of Spies"

Congrats to former pupil Eve Hewson who has a new film out. She features alongside Tom Hanks, Mark Rylance, Amy Ryan and Alan Alda in "Bridge of Spies" directed by Stephen Spielberg and written by the Coen Brothers. The film will be released in Ireland end November!



Congratulations to the SAC students delegation representing Brazil for winning the outstanding delegation award at the Royal Russell School International Model United Nations..

## Dates for your Diary

### **St. Andrew's College Christmas Carol Service**

**Date:** 17th December 2015

**7:30pm:** St. Andrew's College

**Join us for Christmas Drinks in Gleesons afterwards.**

### **SACA Social Media Masterclasses**

**Dates:** 20th and 27th January 2016

**7:30pm:** St. Andrew's College

More information about the social media masterclasses to follow

## SACA Announcements

### **Births:**

To Shirley Cummins (Class of 1999, née Burrows)  
and Graham, a daughter Emma Sophie

To Maia Dunphy (Class of 1993) and Johnny Vegas, a son Tom Laurence

### **Deaths:**

Alex Malcolm (Class of 1952)  
Nicholas Arnold (Class of 2000)